

# Why are LGBT People Disproportionately Impacted by COVID-19?

## LGBT COMMUNITIES ARE:



Less likely to access healthcare when they need it

More likely to be living with HIV\*

More likely to be homeless or insecurely housed

More likely to smoke

Less likely to be physically active or have a good diet

\*Having HIV in itself does NOT put people at greater risk. If someone's CD4 count is <200 additional protective measures should be followed in line with government advice. People with a CD4 >200 should follow general population social distancing advice.

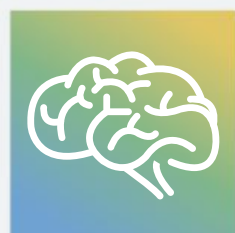
## WHAT IMPACT MIGHT THE SAFETY MEASURES RELATED TO COVID-19 HAVE ON LGBT COMMUNITIES?



LGBT people, in particular older LGBT people, are more likely to be socially isolated & may lack contact or support.



Some trans & non-binary people have had their HRT suspended & surgeries or appointments cancelled due to emergency measures.



LGBT people are more likely to have poor mental health, & issues with substance misuse. Many of these struggles may be worsened by having normal routines disrupted and lack of access to support.



LGBT people are more likely to experience domestic abuse, which has risen since social isolation measures were introduced. This might include being quarantined with LGBT-phobic families & lack of access to discreet support.

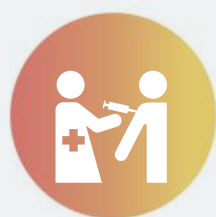
# LGBT

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## foundation

LGBT Foundation offers a range of national and local services. Whether you're an LGBT person, a healthcare professional, or a commissioner. **We're here if you need us.**

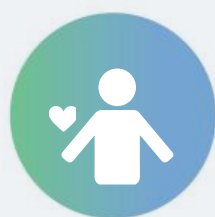
## OUR SERVICES INCLUDE:



Bespoke online training sessions for healthcare professionals & commissioners.



Health inequalities briefings & equality impact assessments.



Our national helpline & telephone befriending service.



A range of ways to connect & learn online - see our website!